

BAFHT Geriatric Program Explanation of Services

The BAFHT Geriatric Program is offered by Geriatric Nurse Educators. This program supports seniors within our communities to continue to live healthy, independent lives. The Geriatric Program is for seniors with memory concerns, mobility issues, functional changes at home, multiple ER visits, support services navigation, medication review and education/ support for individuals and caregivers. The Geriatric Nurse Educator is the navigator through this program and will individually work with the patient and family through our two specialized clinics.

As a courtesy to your provider and other patients waiting to access our services, we ask that you provide 24-hour notice of cancellation when unable to attend your appointment. This notice allows us to offer your appointment to another patient. As all programs and services offered by the BAFHT are funded by Ontario Health, there is no direct charge to patients to access.

Please be aware that due to privacy limitations, we do not communicate patient health information by e-mail. If you need to contact us, please call our office at 519-369-3007.

Geriatric Medicine Outreach Clinic

- Access to Dr. Ellen Lorenzen, MD Family Medicine Physician and Geriatrician (specializing in care of the elderly) in conjunction with Geriatric Nurse Educator, Katie Pothier.
- Reasons for referral: Memory concerns, mobility issues (falls, balance), issues functioning at home, multiple ER visits, Frailty, Osteoporosis (Fracture Prevention Program), or other reasons.

During the Initial assessment with the Geriatric Nurse Educator, you can expect a discussion regarding your current concerns, how you are functioning at home, and cognitive testing. Your family doctor or NP will order necessary lab work and other tests for Dr. Lorenzen. This assessment takes place before your appointment with Dr. Lorenzen. A follow-up visit with the Geriatric Nurse Educator will be scheduled after you see Dr. Lorenzen.

Additional Information about the Geriatric Program Clinics

- Initial contact will be made by the Geriatric Nurse Educator over the phone to book and review referral.
- Referrals can only be made through your primary care provider. We work closely with your primary care provider and send recommendations for diagnosis, medication changes, testing, and support.
- The initial appointment, which includes assessment, takes 60-120 minutes, and the follow up appointment takes 30-60 minutes.
- Labs and imaging may be ordered by your primary care provider in preparation for these clinics.
- All medications, including prescriptions, herbal/naturopathic, topical treatments, eye drops, inhalers and non-prescription medications should be brought to each appointment.

- Always bring eyeglasses, contact lenses, hearing aids and or any other assistive devices to these appointments as needed.
- Wear loose fitting, comfortable clothing for an appointment with Dr. Lorenzen, she usually does a physical exam.
- We encourage a support person to be present during most of these appointments.