

BAFHT Nurse Educator Explanation of Services

The role of BAFHT Nurse Educators is to provide education and support for disease prevention, disease management, health promotion, and health care system navigation. BAFHT Nurse Educators work with your primary care provider (physician/nurse practitioner) to offer a collaborative approach to care. By using a shared Electronic Medical Record, your BAFHT provider(s) and primary care provider can access your health information and communicate about your care.

We strive to create an environment of trust, safety and meaningful connection with our patients. We understand how care rooted in compassion, curiosity and understanding can help people to heal and stay well.

Patients referred for Nurse Educator services will be contacted by a BAFHT administrative staff member to schedule an initial appointment. As a courtesy to your provider and other patients waiting to access our services, we ask that you provide 24-hour notice of cancellation when unable to attend your appointment. This notice allows us to offer your appointment to another patient. As all programs and services offered by the BAFHT are funded by Ontario Health, there is no direct charge to patients to access.

Please be aware that due to privacy limitations, we do not communicate patient health information by e-mail. If you need to contact us, please call our office.

Reason for Referral: Smoking Cessation

The Nurse Educator will complete a smoking assessment, explain available smoking cessation aides, work with you to develop an individualized plan of care, and provide counselling support to help you meet your smoking cessation goals. Free nicotine replacement therapy is available through this program.

Patients can expect a 60-minute in-office initial appointment, with 30-minute follow-up appointments as needed.