

BAFHT Nurse Practitioner Explanation of Services

The role of the BAFHT Nurse Practitioner is to provide a range of healthcare services to patients of all ages across the care continuum to manage illnesses and provide preventative care and education to support healthy living. Services are offered in-person, virtually, and by phone, and include Acute and Episodic, Prenatal, Well Baby/Child, Preventative Care, Chronic Disease Management, and other areas of specialty. This handout provides a brief explanation of each.

Acute and Episodic Care (a single encounter focused on one presenting concern i.e. urinary tract infection, upper respiratory infection)

The Nurse Practitioner will complete a health history, physical examination, order diagnostic testing (when required), offer health teaching, and provide medication and treatment options.

Patients can expect a 15-30 minute in-office appointment, with a follow-up appointment scheduled if necessary.

Prenatal (conception to 30 weeks' gestation)

The Nurse Practitioner will complete a health history, physical examination, order diagnostic testing (when required), offer health teaching, and provide medication and treatment options.

Patients can expect a 45-minute in-office initial appointment, followed by 30-minute monthly appointments up to 30-weeks' gestation, at which time the patient is generally referred to delivery specialty services.

Well Baby/Child (Newborn, 1-month, 2-months, 4-months, 6-months, 9-months, 12-months, 15-months, 18-months, then annually)

The Nurse Practitioner will complete a health history, physical examination, growth and nutrition review, health screening, health teaching, immunizations, and referral if applicable.

Patients can expect a 30-minute in-office appointment.

Caregivers are asked to bring the child's immunization record and to refrain from giving Advil/Tylenol prior to appointments where immunizations will be administered.

Preventative Care (Cancer Screening)

The Nurse Practitioner will complete a health history, perform cancer screening, order diagnostic testing (when required), offer health teaching, and provide medication and treatment options.

Patients can expect a 45-minute in-office appointment, with follow-up as required.

Chronic Disease Management (Diabetes, CHF, COPD)

The Nurse Practitioner will complete a health history, perform cancer screening, order diagnostic testing (when required), offer health teaching, and provide medication and treatment options.

Patients can expect a 45-minute in-office appointment, with follow-up as required.

Other Areas of Specialty (Pregnancy Counselling & Management, Contraception Support, Mental Health Support, Health Promotion & Teaching, Menopause Symptom Management)

The Nurse Practitioner will complete a health history, offer health teaching, and provide medication and treatment options.

Patients can expect a 30-45 minute in-office appointment, with follow-up as required.

Preventative Screening and Wellness Clinic for Unattached Patients (program availability dependent on capacity)

This program offers a two-visit series with a Nurse Practitioner and Registered Nurse, providing routine screening and education. It is for people who live in Grey/Bruce counties with no primary care provider (physician or NP) that have a valid Ontario Health Card, are aged 25+, and are eligible/due for standard Ontario cancer screening programs (cervical, breast, colorectal). Please note that this program does not offer new prescriptions or ongoing care.

Patients can expect a 60-minute in-office initial appointment, followed by a 30-minute appointment once the results of the screening are available.

Patients are asked to bring their medications or a current medication list, and their Cancer Care Ontario Screening letter

Additional Information:

At the Brockton and Area FHT (BAFHT), we strive to create an environment of trust, safety and meaningful connection with our patients. We understand how care rooted in compassion, curiosity and understanding can help people to heal and stay well.

Our team members work together to offer a collaborative approach to care. By using a shared Electronic Medical Record (EMR), your BAFHT provider(s) and primary care provider (nurse practitioner/physician) can access your health information and communicate about your care.

You do not require a referral from your physician to access a BAFHT nurse practitioner. If you wish to make an appointment with a nurse practitioner, you can contact the BAFHT directly (for Walkerton, Mildmay, Paisley, and Durham Sites), or through the physician booking staff (Chesley and Durham Sites).

As a courtesy to your provider and other patients waiting to access our services, we ask that you provide 24-hour notice of cancellation when able. This notice allows us to offer your

Chesley 519-363-3119

Durham 519-369-3007

Mildmay 519-507-2021

Paisley 226-909-3662

Walkerton 519-507-2021

appointment to another patient. As all programs and services offered by the BAFHT are funded by Ontario Health, there is no direct charge to patients to access our services.

Please be aware that due to privacy limitations, we do not communicate patient health information by e-mail. If you need to contact us, please call our office. Our EMR does have the functionality to send results and messages electronically using the OCEAN platform, and this mode of communication may be used to securely share information with you.

When you require medication renewals, please have your pharmacy send a renewal request directly to your nurse practitioner. Two-weeks' notice is required for prescription renewal requests.

When requesting the completion of a form (i.e., ODSP, WSIB) please allow four weeks for the request to be fulfilled.