

### **BAFHT Nurse Educator Explanation of Services**

The role of BAFHT Nurse Educators is to provide education and support for disease prevention, disease management, health promotion, and health care system navigation. BAFHT Nurse Educators work with your primary care provider (physician/nurse practitioner) to offer a collaborative approach to care. By using a shared Electronic Medical Record, your BAFHT provider(s) and primary care provider can access your health information and communicate about your care.

We strive to create an environment of trust, safety and meaningful connection with our patients. We understand how care rooted in compassion, curiosity and understanding can help people to heal and stay well.

Patients referred for Nurse Educator services will be contacted by a BAFHT administrative staff member or a Nurse Educator to schedule an initial appointment. As a courtesy to your provider and other patients waiting to access our services, we ask that you provide 24-hour notice of cancellation when unable to attend your appointment. This notice allows us to offer your appointment to another patient. As all programs and services offered by the BAFHT are funded by Ontario Health, there is no direct charge to patients to access.

Please be aware that due to privacy limitations, we do not communicate patient health information by e-mail. If you need to contact us, please call our office at 519-507-2021.

#### **Reason for Referral: Prenatal Classes**

The BAFHT offers a series of five prenatal classes virtually. The series is offered four times per year. The classes are for new and experienced parents, and support persons are welcome to attend. A variety of topics are presented by several members of the BAFHT including a Registered Nurse, Kinesiologist, Registered Dietitian and Social Worker.

Patients can expect each class to be two hours in duration. If unable to access classes virtually, patients can request an individual appointment.